



20th April 2018

Dear Parents

Welcome back to a sunny summer term! We started back with a sparkle by welcoming Dr Ranj in to school to help launch the term of our 80th Birthday. To be part of St Christopher's, such a wonderful historic institution is a thrill. We have done some research on the core aims of the two founding ladies Miss Angus Paterson and Miss Critchley Moody and feel that they would be very proud to see their original values and ethos encouraging academic excellence, creativity and resilience still very much in place.

Dr Ranj lit up the school with his smile and his energy, launching himself into Miss Kate Rendall's exercise routine with enthusiasm. The school plus parents who had gathered on the grass sung along to his Cbeebies signature tune 'Be happy, be healthy and Get Well Soon!' before taking part in a vigorous routine dance that can be seen on our Twitter page @StChrisEpsom. What fun!

We then enjoyed an assembly with Dr Ranj who gave us his top 5 tips for staying healthy endorsed by our well-informed children who guessed the advice before he began, a fact that delighted dear Dr Ranj. Eating well including the rainbow of fruit and vegetables to choose from, sleeping well and exercising are not surprising tips but 'being kind' was a delightful addition as tip number 3. It is good to hear a value such as kindness that we prize and encourage at school being recommended by a doctor. Dr Ranj's 5th top tip was to be a life saver and he demonstrated with one of our Reception pupils how to deal with choking, a real hazard with tiny people. Ask your child about this and revisit the helpful advice which all the children were happy to accept as splendid guidelines for life.

Congratulations to our smallest Nursery members who have settled so quickly. On Thursday Nursery and Pre-Reception got involved with the new role play Medical Centre and enjoyed a visit from 'Nurse Kate' who encouraged the use of the wonderful equipment and dressing up clothes that have been dedicated to this popular area. Do see the photos below.

On Friday we enjoyed our famous termly House Assembly and heard a story by each House author and learnt about the staff and children belonging to each House. The children love being part of this smaller unit and our House t-shirts help them to clearly identify who is in their House. This term will include a House Maths Day all about the number 80 as well as our wonderful annual Sports Day so there is plenty of opportunity for healthy competition.

Please don't forget to apply a liberal dose of sun cream each day and ensure your child's sun hat is in school every day in the hopeful anticipation of a term full of warm sunshine.

Kind regards

Annie Mackray

