



St Christopher's School Lunch Menu



WEEK COMMENCING 1st November 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Tarragon Chicken	Salmon & Spinach Pasta	Braised Beef & Yorkshire Pudding	Shepherds Pie	Sausage
SERVED WITH	Fluffy Rice & Green Beans	Garden Peas	Roast Potatoes & Broccoli Florets	Sliced Carrots	Chips & Beans
VEGETARIAN	Vegetarian Tarragon Chicken	Cheese & Spinach Pasta	Quorn Roast	Potato Topped Vegetable Pie	Vegetarian Sausage
DAILY SALAD BAR	Cucumber, Cherry Tomatoes/Carrot/Sweetcorn	Cucumber, Cherry Tomatoes/Carrot/Sweetcorn	Cucumber, Cherry Tomatoes/Carrot/Sweetcorn	Cucumber, Cherry Tomatoes/Carrot/Sweetcorn	Cucumber, Cherry Tomatoes/Carrot/Sweetcorn
DESSERT	Iced Sponge & Custard	Butterscotch Tart & Custard	Chocolate Rice Krispy Cakes	Strawberry Jelly	Rice Pudding & Chocolate Drops
FRUIT CORNER	Choice of Fresh Fruit	Choice of Fresh Fruit	Choice of Fresh Fruit	Choice of Fresh Fruit	Choice of Fresh Fruit

DON'T FORGET – IF YOU ARE HUNGRY THERE IS ALWAYS A SECOND HELPING OF YOUR MAIN COURSE

REMEMBER – ONLY ONE DESSERT BUT YOU CAN VISIT FRUIT CORNER AS OFTEN AS YOU LIKE

Menu is subject to occasional change